

New Member Orientation

Monday, April 15 at 6:30 p.m.

If you are interested in membership at St. Philip the Deacon, or know someone who is, you are invited to attend this informational class to learn more about this faith community, our mission and ministry. We will plan to receive new members on Sunday, April 21 at the 9:30 a.m. service. You may register online at spdlic.org/register or by contacting Cindy Carlson at c Carlson@spdlic.org.

SPD Hymn Madness!

We're holding a friendly bracket tournament to find out our favorite hymns. SPD's Hymn Madness tournament began with 32 pairings of the ELW's most popular hymns in a multi-round bout determined by popular vote. The top eight hymns will be sung during worship as a Liturgy of Hymns later this summer. A new round of voting is open at spdlic.org/hymn-madness.

Pastor Cheryl Mathison's Retirement Celebration Thursday, May 2 from 5–7 p.m.

You are invited to an open house at Wayzata Country Club to help celebrate Pastor Mathison's retirement and to recognize her years of ministry and service. Her final Sunday at St. Philip the Deacon will be May 12, which will include a reception in Fellowship Hall between services.

HERALD MUSIC SERIES

The Herald Music Series is a reflection and extension of St. Philip the Deacon's long commitment to outstanding music.

Uptown Brass

Sunday, April 21 at 3 p.m.

The Uptown Brass will present an eclectic, entertaining, and virtuosic program featuring songs of joy from around the world inspired by dance rhythms of many cultures. The program will include the music of Bernstein, Piazzolla, and Paquito D' Rivera as well as African American spirituals. Come enjoy the fun with these virtuosic friends from the Minnesota Orchestra! No tickets required; free will offering.

Register for Summer Programs

Check out our schedule of summer events and programs for all ages! You'll find plenty to keep you engaged with the St. Philip the Deacon faith community this summer. Visit our website at spdlic.org/summer2024 to learn more and download a PDF of our summer brochure. Then register for these events at spdlic.org/register!

Holy Grounds

Next Session: April 15–May 13 at 9:45–10:45 a.m.

We study a variety of devotional and prayer practices. No registration necessary. Questions? Contact: Amanda Berger, aberger@spdlic.org or Pastor Cheryl Mathison, cmathison@spdlic.org.

April Book Club

Tuesday, April 16 at 6:30 p.m.

Shop Class as Soulcraft: An Inquiry into the Value of Work by Matthew B. Crawford. It became an instant best seller, attracting fans with its radical (and timely) reappraisal of the merits of skilled manual labor. This book brings alive an experience that was once quite common, but now seems to be receding from society—the experience of making and fixing things with our hands. Note: Book Club will meet both in person and via Zoom. The host is Pastor Mark Schmid.

Faith & Life Series: Kevin O'Connell

Thursday, April 18 at 7 p.m.

The 2023–2024 Faith & Life lecture series continues with a presentation by Kevin O'Connell, head coach of the Minnesota Vikings. His talk is titled, *Faith & Leadership, Coaching in the NFL*. The presentation is free and open to the public. This event will also be livestreamed at faithandlife.org/livestream.

5K Training Meeting

Sunday, April 21 at 9:10 a.m. between services

We welcome all who have always wanted to or now would like to or are curious about :

- running or walking a 5K (3.1 miles)
- adding more movement in your day
- shaving off some time on your run
- connecting with more people
- supporting Music in Plymouth

At the meeting we will assess your individual needs and discuss training and training tips for all levels. The goal is that you will be able to walk or run the Music in Plymouth 5K on June 29 at 8 a.m. or another 5K you for see in your future. We have allowed a 10-week training period and look forward to meeting you on April 21st. Show up or sign up online. Contact [Olsen Pancoast](#), Senior High Ministry or [Susan Path](#), Parish Nurse. There is no cost.

EVENTS, CLASSES AND GATHERING

The Apollo Club Spring Concert

Sunday, April 28 at 2:30 p.m.

The Apollo Club will perform their spring concert: *Songs of the Open Road* at St. Philip the Deacon. Tickets are available at theapolloclubmn.org.

The Conversation

Tuesday, May 14 at 1 p.m.

The Conversation provides members of the congregation with an opportunity for community, care and connection. Join us for coffee and conversation. We meet in Fellowship Hall. No registration needed. Our guest speaker, life coach Merri Guggisbergas, will speak on, **Bridging Generations—The Power of Strength-Based Connections**. This presentation dives into the profound impact of cultivating strength-based relationships, not only between grandparents and their family members but within all our interactions—fostering deeper, more meaningful connections with everyone in our lives.

Restore 2024: You Matter!

Wednesday, May 22, 2024, 7 p.m.

Kelsey Erickson, MA, LAMFT, will speak on *Mattering: Be Valued and Valuing Others*. She will explore the need for deep connection with others, and for helping each individual feel valued for who they are deep inside. This is a Lay Ministry training lecture that is open to the public. Lay Ministers will have a gathering time with the speaker prior to the presentation. For more information, contact Susan Path, parish nurse, at spath@spdlc.org.

Midsummer Lawn Bowling

Wednesday, June 26 at 6:30 p.m.

Enjoy an evening of lawn bowling. It's not hard to play, and it is great fun. No experience is necessary, and all equipment and instruction will be provided. This event is for all adults, singles and couples. We will meet at Brookview Golf Course in Golden Valley (Hwy 169 and 394). The cost is \$10 per person, register at spdlc.org/register. Questions, contact Cindy Carlson at ccarlson@spdlc.org.

Summer Fishing Retreat

June 28–July 1—Register at spdlc.org

Join SPD Outdoors for a time of faith, fellowship, fun and fishing at 9th annual Summer Fishing Retreat on Lake of the Woods. You will enjoy two full days of guided fishing aboard a 27-foot guided boat. (All angling equipment is included: rods, reels, bait, tackle, ice, on-board restroom, fish processing and freezing). Lodging and guide service provided by Ballard's Resort. Meals provided by SPD Outdoors. Scholarships available. Questions contact Pastor Mark Schmid at mschmid@spdlc.org.

CHILDREN, YOUTH AND FAMILY PROGRAMS

Fifth Grade Bridging Night

Wednesday, April 17 at 5:30 p.m.

All current 5th graders are invited to join us on Wednesday night for a preview of middle school ministry and confirmation. Come and eat from 5:30-6 p.m.—Pizza & Play will include bingo with great prizes! At 6 p.m., you'll join Trish Arndt for Verse 5 before meeting up with the rest of the middle schoolers at 6:30 for large group. From 6:45-7 p.m. you'll meet with Trish and Charlie to learn all about what to expect in confirmation, as well as get to know the leaders and other students. We're done at 7:30 p.m. for parent pick up. **No cost or registration—just come.**

Eighth Grade Bridging Night

Wednesday, April 17 at 6:30–7:30 p.m.

Current **8th graders and a parent/guardian** are invited to join Olsen Pancoast for an introduction to senior high ministry and what to expect for the Rite of Confirmation. This is an important first look at what comes next for students as they transition to high school. Please plan to attend. You are welcome to join us for Pizza & Play at 5:30 p.m. as well.

First Communion Workshop

Monday, April 29 at 6–7:30 p.m.

This is an informative session designed for children around 3rd–5th grade to help them understand what the sacrament of Holy Communion is all about. It is for children to attend together with a parent or guardian. This class of children will receive their First Communion on Sunday, May 5 at the 10:45 a.m. service. You may register at for the class at spdlc.org/register.

Verse 5

Wednesday, 24 at 6 p.m.

Meets twice a month on a Wednesday at 6–7:30 p.m. Verse 5 is a ministry program of faith and fellowship for 5th grade students. They gather twice a month throughout the school year. Questions, contact Trish Arndt at tarndt@spdlc.org.

Summer Events—Register at spdlc.org

Vacation Bible School

June 10–13 from 9–11:45 a.m.

Join us for four days of adventure-filled learning at "Scuba" VBS, where we will dive into friendship with God! The days will be filled with music, stories, games, experiments, friends, learning, growth and more. We will be both indoors and out. For kids age 3 through 4th grade. Cost is \$30 per student with a max of \$75 per family. Please register by May 15.

Kids Adventure Week

June 24–28, 8 a.m.–3:30 p.m.

A jam-packed week of outrageous adventures. Each day will have a theme. We will do some things at church, and take a bus to other adventures. Each day will include a devotion, friendships, adventure, new experiences, and all-around fun! Kids will bring their own lunch. Cost \$335 per child (all activities, bus, and snacks). Register by May 31.

Community Bridge Benefit Brunch

Saturday, May 18 at 11 a.m.–1 p.m.

2400 Park Ave S., Minneapolis, MN

Community Bridge is having a fundraiser to support the important work happening in the Philips neighborhood community. There will be delicious food, silent auction, live music from RAVE Brass and more. You can find more information, buy tickets and support Hunger Relief today at www.communitybridgempls.org/fundraiser.

SPD Ploggers

What on earth is Plogging? The word *plogging* is a combination of *jogging* and the Swedish verb *plocka upp*, which means to “pick up.” Now is your chance to be a part of the movement to intentionally exercise and pick up trash as a group! Some of you already go plogging so why not multiply your efforts and plog together? Please go to spd.org/register for more details or contact Renee Putnam at 763-475-7162 or rputnam@spd.org.

On Saturday mornings we will follow a plan of training—walking/jogging with breaks built-in to pick up trash.

Can't make it on Saturdays? If you are not located near Plymouth, MN, you can still participate where you are! There will be ways we can connect from a distance and on your schedule.

EXPRESSIONS OF FAITH

Bible Art Journaling (BAJ)

Enjoy the devotional practice of Bible Art Journaling, learning how to illustrate your own Bible in a meditative expression of your faith.

Monday, April 22 from 6–8 p.m.
Guided Practice: Lattice Journaling

Friday, April 19 from 10 a.m.–Noon
BAJ Open Studio

Spirit Beads Open Studio

Monday, April 29 from 3–7 p.m.

YOGA OPPORTUNITIES

YogaFaith

For more information, contact Amanda Berger at aberger@spd.org, or by phone at 763-475-7139.

YogaFaith Vinyasa

Mondays at 6:30 p.m. [on Zoom](#)

Meeting ID: 190 431 409 Passcode: Downdog

Thursday at 9 a.m. in the CFL

Chair Yoga

Mondays and Thursdays

11:30 a.m.–12:15 p.m.

We meet in the CFL. Enter at Door E on the east side.

Energize your body and mind with Chair Yoga! Chair Yoga is a program for folks with limited flexibility or anyone who needs

CARE AND SUPPORT PROGRAMS

Alcoholics Anonymous (AA)

Tuesday evening at 6:30 p.m.

There is an AA chapter that meets at St. Philip the Deacon in the CFL on Tuesday evenings. Park in the lower level parking lot, and use Door E. For questions, contact Mike Conley at 612-619-6448.

Caregivers Support Group

Wednesday afternoons at 1 p.m.

This is a weekly meeting of people who are currently the primary caregiver for another adult. In many cases, members are spouses or adult children of someone who is living with dementia or other long-term illness, though the group is not specifically aimed at any single care scenario. Members gather to take a break from their setting, share ideas and support one another. Contact Susan Path, Parish Nurse, for more information: spath@spd.org or 763-475-7168.

Thrive: Cancer Support Group

1st and 3rd Tuesday afternoons at 1 p.m.

Thrive is a support group for those who have been diagnosed with cancer. We will be addressing our fears and journey for hope. You will find support, emotionally and spiritually, in a confidential environment. The group **meets the 1st and 3rd Tuesday of each month from 1–2 p.m.**

Contact Susan Path, Parish Nurse spath@spd.org or 763-475-7168 with questions or zoom link.

Sanctuary of Survivors (SOS)

1st and 3rd Thursday evenings at 7 p.m.

Sanctuary of Survivors is a faith-based support group for those who have lost a loved one by suicide. All emotions, all questions will be heard and honored by this group. All are welcome, wherever you are on your faith journey, including questioning or having a crisis of faith. Please contact Pastor Valerie Strand Patterson at vstrand@spd.org for information on how to join the group, including on Zoom.

Mental Health Connect

If you need help finding appropriate mental health care, there are resources available to help at Mental Health Connect. www.mhconnect.org. Call or text 612-642-1220.

West Suburban Grief Coalition

Thursday afternoons, 4–6 p.m.

The West Suburban Grief Coalition is an extension of 15 area churches to help provide caring support and education for persons who are grieving the death of a loved one.

The West Suburban Grief Coalition is meeting at Oak Knoll Lutheran Church, 600 Hopkins Crossroad, Minnetonka, MN 55305.

All individuals are welcome, and no registration is needed. There is a brochure with more information available at the hospitality desk. For more information about Grief Coalition, contact Harley Feldman at harleyfeldman@gmail.com.

Interfaith Outreach Food Pantry Needs

The food shelf is a valuable resource to families in our local community. Hunger in the suburbs is not always visible, but it is no less real. The Interfaith Outreach Food Shelf serves over 250 households per week and 44% of the people served are children. The food shelf is a safety net and supplemental resource for families and seniors who live on low and fixed incomes. The full list of food shelf donation needs can be found at iocp.org/outreach-services/food-shelf.

The most needed items this week:

- Name-brand boxed cereal
- Canned tuna
- Canned chicken
- Vegetable oil (24 oz. bottles)
- Salad dressing
- Hearty soups
- Paper bags (for packing food shelf goods)
- Paper towels
- Feminine hygiene products (i.e. maxi pads, and tampons)

Shopping List

Pick up a Shopping List reminder slip at the hospitality desk. It's got all the most needed items that IOCP needs, to help you remember the type of things you can add to your cart when grocery shopping this week.

Funeral Reception Team

At the time of a funeral, we as a faith community assist the family with the arrangements for the reception that follows the service. Please consider how you might help with this tremendously supportive ministry. The ways to help include, baking cookies or bars, or helping with either the set-up or serving of the reception. There are options to help during the week, as well as weekends.

Please contact Cindy Carlson at ccarlson@spdlc.org or 763-475-7115, if you would like to be **added to the on-call list** to help with funeral receptions.

Prayer Shawl Guild Monthly Gatherings

4th Thursdays at 1 p.m. Next Meeting: **April 25**

The Prayer Shawl Guild will meet monthly at SPD.

All knitters and crocheters are welcome to join this time of community, creativity and support. To learn more, contact Susan Path at spath@spdlc.org.

Collecting Used Eyeglasses

Do you have pairs of old prescription eyeglasses that you no longer use? We are a collection site for used glasses! You can bring them to the church office entrance, Door B. You'll find a collection bucket on the coat rack inside the door. They will be recycled by the Lions Club International. Your old eyeglasses can help bring clear vision to adults and children who cannot afford vision care, at home and abroad. Give the gift of clear eyesight, and recycled your old pair of glasses! **Update: They will be happy to receive used hearing aids, too!**

Moms in Prayer—Wayzata High School, College and Career Group

Thursday mornings at 9:30 a.m.

All moms of WHS students, adult children (college or career) are invited to meet on Thursdays from 9:30–10:30 a.m. to pray for our schools and kids. We welcome you whether you are brand new to praying or a seasoned prayer warrior. For more information about this group, contact Beth Albright at elizabethalbright80@gmail.com. For more information about Moms in Prayer, visit momsinprayer.org.

Prayer Requests

You can make a prayer request online by visiting our information request form at spdlc.org/contact. All requests will be held in prayer and kept in confidence. If you would like a pastor to call you please include your contact information.

Baptisms at SPD

We welcome baptisms of infants, older children and adults at St. Philip the Deacon. It is in the waters of Baptism we are named and claimed as God's own. This sacrament is gladly offered for you and your family, regardless of membership status at SPD.

In preparation of a baptism, we have created a baptism video at spdlc.org/life-events. To schedule a baptism, please complete our [Baptism Information Form](#), which is available online. If you have questions, please contact Nancy Bixby at nbixby@spdlc.org, or 763-475-7166.

Altar Flowers

You are invited to sponsor altar flowers for worship. Cost is \$75 per bouquet. Your commemoration (for instance, to celebrate an occasion or remember a loved one) will be shared in the worship folder and on the livestream slideshow before worship at 9:30 a.m. [Sign up online to sponsor flowers](#), or call the church if you need assistance at 763-475-7100. You can also find the online form at spdlc.org/register.

CONNECTED AT SPD

Help us keep our contact information up to date. Please let us know using our [online Update Contact Information form at spdlc.org/contact](#), or you may contact our membership coordinator, Nancy Bixby, with any changes at 763-475-7166 or nbixby@spdlc.org.